



May 2018

Newsletter

# Join The Movement!

[DIABETESCOALITION-MS.ORG](http://DIABETESCOALITION-MS.ORG)





# NEWSLETTER

**The Diabetes Coalition of Mississippi Newsletter** is published quarterly by the Mississippi Rural Health Association

## **Vision**

Leading Mississippi toward a diabetes free tomorrow.

## **Mission:**

To serve as a unified voice to reduce the impact of diabetes through improved policy, prevention, and management of diabetes and its complications for all Mississippians.

## **How do I contact the editors?**

You may contact the editors by calling Kate Cooley, Director, at 601.580.5283

## **Production Team**

### **Director of the Diabetes Coalition of Mississippi**

Kate Cooley

### **Graphic Designer**

Lorie Hanson



**Follow us on Facebook**

# RECENT EVENTS

## Capital Day



Pictured from left to right: Patricia Gatewood, Diabetes Prevention and Control Program Coordinator at MSDH; Tasha Lock, Director of Motivated to Live a Better Life at MSDH; and Kate Cooley, Director of the Diabetes Coalition of Mississippi

The Diabetes Coalition partnered with MS State Department of Health on February 8, 2018 at the Mississippi State Capital to share Diabetes stats and offer free A1C screenings for state legislators. The A1C screening results from Capital Day were as follows: Normal: 9 participants (53%), Pre-diabetes range: 4 participants (23.5%), and diabetes range 4 participants.

## The Business of Diabetes and Prevention Workshop



On March 9th, the Diabetes Coalition of Mississippi partnered with the MS State Health Department, William Carey, and the National Diabetes and Obesity Research Institute to offer a Business of Diabetes and Prevention Workshop at Table 100 in Flowood, MS. The speakers provided around 40 participants with the most up to date information on DSME and DPP program management, reimbursement, marketing, and sustainability.

## Exhibited at the Mississippi School Nurses Association Conference



Kate Cooley, Director of the Diabetes Coalition of Mississippi

The Diabetes Coalition of Mississippi exhibited at the Mississippi School Nurses Association Conference as a way to build a better partnership between the two organizations. School nurses are truly the unsung heroes for the kids of the state of MS. Often times they are the only healthcare provider that these children even see. These heroes have the daunting task of juggling asthma attacks, allergies, administration of meds, head lice checks, immunization records, seizures, oral and visual health, and often even assisting students with their mental health needs. The increased budget constraints for the state has unfortunately led to a less robust school nurse network for our state. Meanwhile, we've seen a dramatic increase in the number of kids with chronic diseases. The CDC and National Association of School Nurses recommends a 1:750 ratio for nurses to students. This is well under the 1:1,114 ratio reported in 2014, and there are still several districts in the state without a nurse altogether. Nurses are forced to prioritize or triage their students the best they can.

The Mississippi Diabetes Coalition is seeking to partner with school nurses across the state to understand the needs and challenges associated with caring for children with diabetes in Mississippi schools. The Coalition seeks to provide support and resources to bridge the gap in providing care for children with diabetes in all schools across the state. The ultimate goal is to ensure that all children have access to appropriate care regardless of the setting.

### PRIMARY GOALS FOR PARTNERING WITH SCHOOL NURSES

- Ensure all children have a diabetes action plan on file at each school.
- Ensure a trained volunteer is available at each school to assist children in caring for their diabetes.
- Identify resources in training for diabetes education for school faculty, staff, and nurses.
- Bring awareness to remote patient monitoring and opportunities for school nurses.
- Support the school nurses (not replace them) and their schools in the care of the state's diabetic children.
- Offer assistance with a very small portion (diabetic kids) of our school nurses' long list of responsibilities, and not serve as a substitute for them.
- Serve as an aid to the school nurses without overstepping any boundaries, understanding that support may not be needed in all areas.
- Partner with school nurses to provide additional resources (posters with s/s of hypoglycemia and hyperglycemia, etc.) and education to school employees, parents, and students related to diabetes and diabetes management.
- Aid in the reducing the time school nurses spend with diabetic interventions and follow up.

# UPCOMING EVENTS

TO LEARN MORE AND REGISTER VISIT  
[DIABETESCOALITION-MS.ORG/EVENTS-PROGRAMS](http://DIABETESCOALITION-MS.ORG/EVENTS-PROGRAMS)

3  
AUG

## Quarterly Meeting

10:00 a.m.- 2:00 p.m.

Jackson, MS | Mississippi Library Commission

9  
NOV

## Giving Diabetes the Blues

10:00 a.m.- 2:00 p.m

Jackson, MS, Table 100

Coming Soon:



Looking for a  
robust, reliable  
resource to connect  
you with the latest  
products, expertise  
and innovations  
in diabetes  
technology?

[www.diabeteseducator.org/dana](http://www.diabeteseducator.org/dana)

**Meet DANA (Diabetes Advanced Network Access) powered by AADE technologies.**

**With DANA, AADE members will be able to instantly:**

- Discover and compare the latest digitally connected, company-supported devices for enhanced patient outcomes
- Search trusted, peer-based reviews of Apps, software and technologies
- Help shape new innovations through market research and testing
- Access evidence-based resources and product-specific training and education

Stay tuned as we begin to release DANA's diabetes technology-specific tools and training over the next few months.

# NEW SANOFI INSULIN SAVINGS PROGRAM AIMS TO LOWER OUT-OF-POCKET COSTS FOR PEOPLE LIVING WITH DIABETES

[www.news.sanofi.us](http://www.news.sanofi.us)

BRIDGEWATER, N.J., April 5, 2018 / PRNewswire/ -- Sanofi's new Insulins VALyou Savings Program will seek to help lower out-of-pocket costs for people living with diabetes who otherwise would pay full retail price for Lantus or Admelog. This includes certain uninsured patients who don't qualify for traditional patient assistance programs, in addition to some commercially insured patients with a high deductible that has not been reached on their plan.

Under this new program, the total out-of-pocket cost a person will pay for Lantus or Admelog will be \$99 for a 10 mL vial or \$149 for a box of five 3 mL pens and is available at all U.S. pharmacies. For some people, the program could offer significant savings compared to the out-of-pocket cost of other long-acting or fast-acting insulins.

*"We understand that many people living with diabetes struggle to afford critically needed medications, especially those facing high out-of-pocket costs when paying for their insulin," said Michelle Carnahan,*

*North America Diabetes and Cardiovascular Head, Sanofi. "This program helps support those we can today, while we continue to innovate to help even more people tomorrow. It is our goal to do our part to find ways that help people living with diabetes gain access to insulins they need to help manage their disease, at a clear and consistent price, regardless of their pharmacy choice."*

In addition to this program, Sanofi will continue offering the existing Lantus co-pay card for eligible patients. Sanofi also offers assistance programs that provide medications at no charge for qualified low-income, uninsured patients through the patient assistance component of the Sanofi Patient Connection program. Visit [www.sanofipatientconnection.com](http://www.sanofipatientconnection.com) for more information.

Admelog is now available by prescription in both vials and the SoloStar pen in U.S. pharmacies. Admelog was approved by the U.S. Food and Drug Administration

Name of Program	Who Qualifies	Cost
<i>Insulins VALyou Savings Program</i>	<i>Non-federally insured patients, regardless of insurance status or plan design</i>	<i>\$99 for a 10 mL vial or \$149 for a box of five 3 mL pens for 12 months; patients can re-register for the program when their savings card expires</i>
<i>Lantus Co-Pay Card</i>	<i>Eligible commercially insured patients</i>	<i>\$0 co-pays for 12 months</i>

(FDA) in December 2017 as the first follow-on mealtime insulin. Admelog currently has the lowest list price (also known as the Wholesale Acquisition Cost) of any mealtime insulin at \$90 per 3 mL pen and at \$233 per 10 mL vial.

**What is Lantus (insulin glargine injection) 100 Units/mL?**

Prescription Lantus is a long-acting insulin used to treat adults with type 2 diabetes and adults and pediatric patients (children 6 years and older) with type 1 diabetes for the control of high blood sugar.

- Do not use Lantus to treat diabetic ketoacidosis.

**Important Safety Information for Lantus (insulin glargine injection) 100 Units/mL**

Do not take Lantus during episodes of low blood sugar or if you are allergic to insulin or any of the inactive ingredients in Lantus.

- Do not share needles, insulin pens, or syringes with others.
- Do NOT reuse needles.
- Before starting Lantus®, tell

your doctor about all your medical conditions, including if you have liver or kidney problems, if you are pregnant or planning to become pregnant or if you are breastfeeding or planning to breast-feed. Heart failure can occur if you are taking insulin together with certain medicines called TZDs (thiazolidinediones), even if you have never had heart failure or other heart problems. If you already have heart failure, it may get worse while you take TZDs with Lantus®. Your treatment with TZDs and Lantus® may need to be changed or stopped by your doctor if you have new or worsening heart failure. Tell your doctor if you have any new or worsening symptoms of heart failure, including:

- Shortness of breath
- Swelling of your ankles or feet
- Sudden weight gain

Tell your doctor about all the medications you take, including OTC medicines, vitamins, and supplements, including herbal supplements.

Lantus should be taken once a day at the same time every day. Test your blood sugar levels while using insulin, such as Lantus. Do not make any changes to your dose or type of insulin without talking to your healthcare provider. Any change of insulin should be made cautiously and only under medical supervision.

**Do NOT dilute or mix Lantus with any other insulin or solution.** It will not work as intended and you may lose blood sugar control, which could be serious. Lantus must only be used if the solution is clear and colorless with no particles visible. Always make sure you have the correct insulin before each injection.

While using Lantus®, do not drive or operate heavy machinery until you know how Lantus® affects you. You should not drink alcohol or use other medicines that contain alcohol.

**The most common side effect of insulin, including Lantus, is low blood sugar (hypoglycemia), which may be serious and life threatening.** It may cause harm to your heart or brain. Symptoms of serious low blood sugar may include shaking, sweating, fast heartbeat, and blurred vision.

Lantus may cause serious side effects that can lead to death, such as severe allergic reactions. Get medical help right away if you have:

- A rash over your whole body
- Trouble breathing
- A fast heartbeat
- Sweating
- Swelling of your face, tongue, or throat
- Shortness of breath
- Extreme drowsiness, dizziness, or confusion

Other possible side effects may include swelling, weight gain, low potassium levels, injection site reactions, including changes in fat tissue at the injection site, and allergic reactions.

Lantus SoloSTAR is a disposable prefilled insulin pen. Please talk to your healthcare provider about proper injection technique and follow instructions in the Instruction Leaflet that accompanies the pen.

Please see full Prescribing Information.

### **What is Admelog (insulin lispro injection)?**

Prescription Admelog is a fast-acting human insulin used to improve blood sugar control in adults with Type 2 diabetes and adults and children (3 years and older) with Type 1 diabetes.

### **Important Safety Information for Admelog (insulin lispro injection)**

Do not use Admelog if you have low

blood sugar or if you are allergic to insulin lispro or any of the other ingredients in Admelog.

**Do not share needles, insulin pens, or syringes with others, even if the needle is changed. Do NOT reuse needles. You may give other people a serious infection, or get a serious infection from them.**

Before starting Admelog, tell your doctor about all your medical conditions, including if you have liver or kidney problems, if you are pregnant or planning to become pregnant or if you are breastfeeding or planning to breastfeed.

Heart failure can occur if you are taking insulin together with pills called TZDs (thiazolidinediones), even if you have never had heart failure or other heart problems. If you have heart failure, it may get worse while you take TZDs with Admelog. Your treatment with TZDs and Admelog may need to be changed or stopped by your doctor if you have new or worsening heart failure. Tell your doctor if you have any new or worsening symptoms, including:

- Shortness of breath
- Sudden weight gain
- Swelling of your ankles or feet

Tell your doctor about all the medications you take, including OTC medicines, vitamins, supplements, and herbal supplements.

When used as a mealtime insulin, Admelog should be taken within 15 minutes before a meal or immediately after a meal. Test your blood sugar levels as directed by your doctor when using Admelog. Do not change your dose or type of insulin without talking to your doctor. Any change of insulin should be made cautiously and only under medical supervision.

Check your insulin label to verify that you have the correct insulin before each injection. Admelog must only be used if the solution is clear and colorless with no particles visible.

While using Admelog, do not drive or operate heavy machinery until you know how Admelog affects you. Do not drink alcohol or use medicines that contain alcohol.

**Admelog may cause serious side effects that can lead to death, including:**

• **Low blood sugar (hypoglycemia).**

Signs and symptoms of low blood sugar may include dizziness or light-headedness, sweating, confusion, headache, blurred vision, slurred speech, shakiness, fast heartbeat, anxiety, irritability or mood changes, hunger.

• **Serious allergic reactions.** Get medical help right away if you have: a rash over your whole body, trouble breathing, fast heartbeat, feeling

faint, or sweating.

• **Low potassium in your blood (hypokalemia).** Your doctor should monitor you for low blood potassium levels.

• **Heart failure.** Your doctor should monitor you closely while you are taking TZDs with Admelog.

**Get emergency medical help if you have:**

• Trouble breathing, shortness of breath, fast heartbeat, swelling of your face, tongue, or throat, sweating, extreme drowsiness, dizziness, confusion.

Admelog may have additional side effects including injection site reactions which may include change in fat tissue, skin thickening, redness, swelling and itching.

**Important Safety Information for Admelog (insulin lispro injection) SoloStar**

Admelog SoloStar is a disposable prefilled insulin pen. Talk to your doctor about proper injection technique and follow instructions in the Instruction Leaflet that comes with the pen.

**Important Safety Information for Admelog (insulin lispro injection) when used in a pump**

Do not mix or dilute Admelog when used in a pump. Failure of your insulin pump or infusion

set or degradation of the insulin in the pump can cause hyperglycemia and ketoacidosis. Always carry an alternate form of insulin administration in the case of pump failure/s (Please see full Prescribing Information.)

**About Sanofi**

Sanofi (EURONEXT: SAN) (NYSE: SNY) is dedicated to supporting people through their health challenges. We are a global biopharmaceutical company focused on human health. We prevent illness with vaccines, provide innovative treatments to fight pain and ease suffering. We stand by the few who suffer from rare diseases and the millions with long-term chronic conditions.

*With more than 100,000 people in 100 countries, Sanofi is transforming scientific innovation into healthcare solutions around the globe.*

Sanofi, Empowering Life  
US Media Relations  
Ashleigh Koss  
P) +1 (908) 981-8745  
M) +1 (908) 205-2572  
Ashleigh.Koss@sanofi.com

Investor Relations  
George Grofik  
p) +33 (0)1 53 77 45 45  
ir@sanofi.com

#### Sanofi Forward-Looking Statements

This press release contains forward-looking statements as defined in the Private Securities Litigation Reform Act of 1995, as amended. Forward-looking statements are statements that are not historical facts. These statements include projections and estimates and their underlying assumptions, statements regarding plans, objectives, intentions and expectations with respect to future financial results, events, operations, services, product development and potential, and statements regarding future performance. Forward-looking statements are generally identified by the words "expects", "anticipates", "believes", "intends", "estimates", "plans" and similar expressions. Although Sanofi's management believes that the expectations reflected in such forward-looking statements are reasonable, investors are cautioned that forward-looking information and statements are subject to various risks and uncertainties, many of which are difficult to predict and generally beyond the control of Sanofi, that could cause actual results and developments to differ materially from those expressed in, or implied or projected by, the forward-looking information and statements. These risks and uncertainties include among other things, the uncertainties inherent

in research and development, future clinical data and analysis, including post marketing, decisions by regulatory authorities, such as the FDA or the EMA, regarding whether and when to approve any drug, device or biological application that may be filed for any such product candidates as well as their decisions regarding labelling and other matters that could affect the availability or commercial potential of such product candidates, the absence of guarantee that the product candidates if approved will be commercially successful, the future approval and commercial success of therapeutic alternatives, Sanofi's ability to benefit from external growth opportunities and/or obtain regulatory clearances, risks associated with intellectual property and any related pending or future litigation and the ultimate outcome of such litigation, trends in exchange rates and prevailing interest rates, volatile economic conditions, the impact of cost containment initiatives and subsequent changes thereto, the average number of shares outstanding as well as those discussed or identified in the public filings with the SEC and the AMF made by Sanofi, including those listed under "Risk Factors" and "Cautionary Statement Regarding Forward-Looking Statements" in Sanofi's annual report on Form 20-F for the year ended December 31, 2017. Other than as required by applicable law, Sanofi does not undertake any obligation to update or revise any forward-looking information or statements.  
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SOURCE Sanofi

## ONE PURPOSE

We at Sanofi work passionately, every day, to understand and solve healthcare needs of people across the world.



## ONE AMBITION

By 2025, Sanofi is a top 3, innovative, global and diversified human healthcare company embracing transformative technologies and focused on its areas of excellence, earning the respect and trust of the people and the patients we serve.

We are Sanofi, a global biopharmaceutical company committed to healthcare solutions from prevention to treatment. We turn scientific discoveries into medicine to improve human health. Every day we dedicate our most important resource, our people, to support patients and families through their health journey.

SANOFI

# For more info about the Diabetes Coalition of Mississippi



**Website**

[www.diabetescoalition-ms.org](http://www.diabetescoalition-ms.org)



**Email**

[info@dcm-ms.org](mailto:info@dcm-ms.org)

## Local Chapters

**Southern MS Chapter:**

**Chair: Dawn Vosbein**

Email: [dawn.vosbein@msstate.edu](mailto:dawn.vosbein@msstate.edu)

**Central MS Chapter**

**Chair: Julia Woods**

Email: [julia.woods@msdh.ms.gov](mailto:julia.woods@msdh.ms.gov)

**East Central MS Chapter**

**Chair: Beverly Hearn**

Email: [bhearn@gmhcinc.org](mailto:bhearn@gmhcinc.org)

**North MS Chapter**

**Chair: Matt Strum**

Email: [mwzs@novonordisk.com](mailto:mwzs@novonordisk.com)



## Join The Movement!

DIABETES COALITION OF MISSISSIPPI

[diabetescoalition-ms.org/membership](http://diabetescoalition-ms.org/membership)